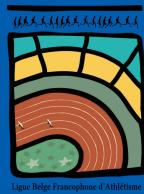


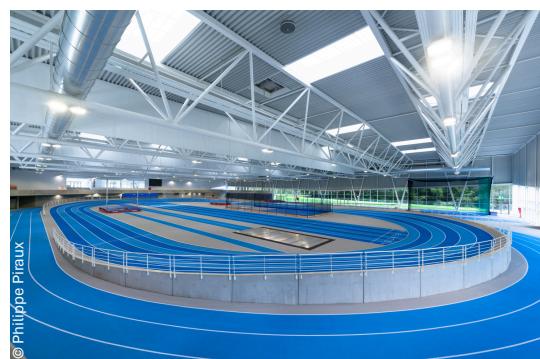
# LOUVAIN-LA-NEUVE BELGIUM



## Indoor sports facilities

10.000m<sup>2</sup>

- 200 m competition track (6 lanes)
- 60 m track (8 lanes)
- 250 m track (4 lanes)
- 110 m straight track (3 lanes)
- Double high jump, long jump, and pole vault areas
- Shot put area
- Long throws cage
- 30 m overspeed track
- Gymnastics facilities (fast-track, parallel and horizontal bars)
- Accessible to people with reduced mobility



## Technologies

### 1080 Sprint

Motorized system for assisted or resisted sprints, enabling detailed running analysis

### Wavelight (indoor only)

System of lights installed along the track, ideal for setting a precise running pace



© Sébastien Lins

## Other facilities

- 400 m outdoor track (8 lanes)
- Jumps and throws outdoor facilities
- Woods nearby
- Access to the swimming pool upon request



© Philippe Piraux

## Gym

- Fully equipped, including :
  - 3 squat racks
  - 3 weightlifting platforms
  - Keiser machines (pneumatic resistance machines)



## Medical and paramedical facilities

- Physiotherapy area with physiotherapy and massage tables
- Cold and warm recovery baths and jacuzzi
- Recovery boots upon request

Possibility of having access to a medical team upon prior request



## Accommodation

### Hôtel Ibis Styles\*\*\*

The LBFA has a partnership with the Ibis Styles hotel in Louvain-la-Neuve, located 700 m from the facilities

 Boulevard de Lauzelle 61,  
1348 Louvain-la-Neuve



The city of Louvain-la-Neuve also offers other accommodation options :

- Hôtel Martin's\*\*\*\*
- Gîte Mozaïk, hostel

### Louvain-la-Neuve :

A lively, pedestrian student city, with many dining options, including the cafeteria at the Blocry Sports Centre

## Practical information

Ligue Belge Francophone d'Athlétisme (LBFA)  
Belgian Athletics Federation (French-speaking section)

-  [www.lbfa.be](http://www.lbfa.be)
-  [dt@lbfa.be](mailto:dt@lbfa.be)
-  [@lbfathletisme](https://www.instagram.com/lbfathletisme)

 Centre Sportif de Blocry  
Place des Sports 1,  
1348 Louvain-la-Neuve, Belgium  
[www.csblocky.be](http://www.csblocky.be)

 Indoor track  
Boulevard de Lauzelle 5,  
1348 Louvain-la-Neuve, Belgium

- Close to the E411, N25, and N4 highways
- 1.2 km from Louvain-la-Neuve train station
- 3 km from Ottignies train station
- 33 km from Brussels Airport
- 38 km from Brussels South Charleroi Airport
- Direct access to Brussels by TGV
- Bus stops and parking facilities near the site

For more information :

