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**LOUVAIN-LA-NEUVE
BELGIUM**



Indoor sports facilities

10.000m²

- 200 m competition track (6 lanes)
- 60 m track (8 lanes)
- 250 m track (4 lanes)
- 110 m straight track (3 lanes)
- Double high jump, long jump, and pole vault areas
- Shot put area
- Long throws cage
- 30 m overspeed track
- Gymnastics facilities (fast-track, parallel and horizontal bars)
- Accessible to people with reduced mobility



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Technologies

1080 Sprint

Motorized system for assisted or resisted sprints, enabling detailed running analysis

Wavelight (indoor only)

System of lights installed along the track, ideal for setting a precise running pace



© Sébastien Lins

Other facilities

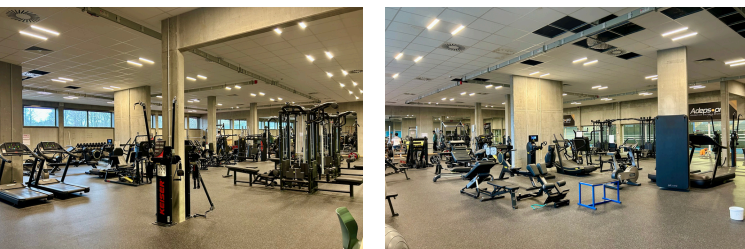
- 400 m outdoor track (8 lanes)
- Jumps and throws outdoor facilities
- Woods nearby
- Access to the swimming pool upon request



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Gym

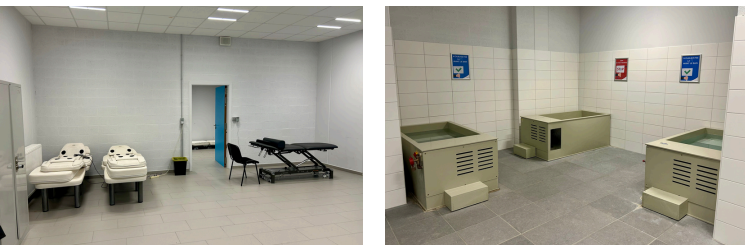
- Fully equipped, including :
 - 3 squat racks
 - 3 weightlifting platforms
 - Keiser machines (pneumatic resistance machines)



Medical and paramedical facilities

- Physiotherapy area with physiotherapy and massage tables
- Cold and warm recovery baths and jacuzzi
- Recovery boots upon request

Possibility of having access to a medical team upon prior request



Accommodation

Hôtel Ibis Styles***

The LBFA has a partnership with the Ibis Styles hotel in Louvain-la-Neuve, located 700 m from the facilities

📍 Boulevard de Lauzelle 61,
1348 Louvain-la-Neuve



The city of Louvain-la-Neuve also offers other accommodation options :

- Hôtel Martin's****
- Gîte Mozaïk, hostel

Louvain-la-Neuve :

A lively, pedestrian student city, with many dining options, including the cafeteria at the Blocry Sports Centre

Practical information

Ligue Belge Francophone d'Athlétisme (LBFA)
Belgian Athletics Federation (French-speaking section)

🌐 www.lbfa.be
✉ dt@lbfa.be
📷 [@lbfathletisme](https://www.instagram.com/lbfathletisme)

📍 Centre Sportif de Blocry
Place des Sports 1,
1348 Louvain-la-Neuve, Belgium
www.csblocry.be

📍 Indoor track
Boulevard de Lauzelle 5,
1348 Louvain-la-Neuve, Belgium

- Close to the E411, N25, and N4 highways
- 1.2 km from Louvain-la-Neuve train station
- 3 km from Ottignies train station
- 33 km from Brussels Airport
- 38 km from Brussels South Charleroi Airport
- Direct access to Brussels by TGV
- Bus stops and parking facilities near the site

For more information :

