



RECORDS DE BELGIQUE CADETS OUTDOOR

GARCONS:

| | | | | | |
|----------------------|-----------------|------------|---|-----------------------|-----------------|
| 100 | 10.96 | 1.4 | DE PROFT Jari/GRIM | HEUSDEN-ZOLDER | 15.08.23 |
| 200 | 22.22 | 0.9 | VAN BELLE Wim/ACP | OORDEGEM | 27.06.04 |
| 300 | 35.50 | | VAN BELLE Wim/ACP | ALOST | 11.09.04 |
| 400 | 49.83 | | ALEXANDER DOOM/FLAC | OORDEGEM | 02.09.12 |
| 800 | 1.54.46 | | LATINNE Mathys/WS | OORDEGEM | 26.05.18 |
| 1,000 | 2.29.89 | | VANDERMESSEN Louis/CABW | SAINT-TROND | 23.09.16 |
| 1,500 | 3.55.7 | | WIJNS Raf/DUFF | ROOSENDAAL/Ned | 28.08.79 |
| Mile | 4.21.00 | | VANDERMESSEN Louis/CABW | BRAINE-L'ALLEUD | 25.09.16 |
| 2,000 | 5.34.19 | | VANDERMESSEN Louis/CABW | HEYSEL | 01.10.16 |
| 100 H (0.914) | 12.88 | 1.0 | VAN NIJLEN Jonas/ACHL | OORDEGEM | 08.09.02 |
| 100 H (0.838) | 13.02 | -1.5 | FRANZINI Rafael/MOHA | LIÈGE | 26.08.23 |
| 300 H | 37.75 | | VANHAEREN Stef/KAPE | TONGRES | 08.09.07 |
| 1.500 St | 4.14.75 | | VAN DE VELDE Tim/DUFF | DUFFEL | 20.06.15 |
| Hauteur | 1.98 | | GHUYS Bram/OEH | KESSEL-LO | 07.06.08 |
| Perche | 4.65 | | MESTRE Domitien/FCI | CHARLEROI | 20.08.88 |
| Longueur | 7.08 | 1.0 | SEGERS Daniel/EA | BERTRIX | 20.08.16 |
| Triple saut | 13.84 | | WANLIN Alain/CSDY | RIXENSART | 14.10.79 |
| Poids | 19.02 | 4kg | ANTHONISSEN Alexander/KAPE | MOL | 10.08.19 |
| | 15.54 | 5kg | ANTHEUNISSENS Ludo/BAC | GENT | 08.10.83 |
| Disque | 63.22 | 1kg | COENE Kris/AVLO | GENT | 19.09.98 |
| | 48.16 | 1,5kg | VANDAELE Jo/AVMO | OOSTENDE | 16.05.87 |
| Marteau | 73.44 | 4kg | DE GRAEUWE Jelle/RCG | MELLE | 15.10.94 |
| | 57.46 | 5kg | DE GRAEVE Bart/ACME | EKLO | 16.09.89 |
| Javelot | 63.68 | 600g | JANSSENS Bart/DALO | TESSENDERLO | 21.09.94 |
| | 68.10 | new | MORY Niel/VS | TIELT | 07.09.14 |
| Pentathlon | 3391 pts | | PAUWELS Bart/ACW | DILBEEK | 26.09.93 |
| | | | 5m80 (lg) 54m14 (jav) 14"69 (100h) 16m26(pds) 1m78 (haut) | | |
| Octathlon | 5414 pts | | SEGERS Daniel/EA | DILBEEK | 30+31.07.16 |
| | | | 11.36 (100) 7m07w 7m02 (lg) 12m85 (pds) 1m92 (ht) | | |
| | | | 14.38 (100h) 3m20 (per) 33m88 (jav) 2.40.20(1000) | | |
| 5000 Ma | 23.11.8 | | ZAIDI Salim/MABI | DUFFEL | 06.06.92 |
| 4x100 | 44.36 | | RESC | Naimette | 07.09.14 |
| | | | (E.Taiwo, P. Okeowo, R. Nkiere Danfuname, A. Kasmi) | | |
| 4x800 | 8.16.34 | | HERMES CLUB OOSTENDE/HCO | OORDEGEM | 20.09.98 |
| | | | (W. De Vlaemynck, R. Biebaw, C. Degraeve, N. Brunet) | | |

FILLES :

| | | | | | |
|-------------|----------|------|--|-----------------|-------------|
| 100 | 11.80 | +1.5 | MORTANT Alexandra/CABW | NIVELLES | 22.06.19 |
| | 11.6 | | VERGUTS Karin/SVAA | PAPENDAL/Ned | 07.06.76 |
| 200 | 24.26 | | VERGUTS Karin/SVAA | HEYSEL | 28.08.76 |
| 300 | 39.26 | | SCHOEMAKER Liefde/OSGA | HEYSEL | 12.08.17 |
| 400 | 55.47 | | SCHOEMAKER Liefde/OSGA | BRAINE-L'ALLEUD | 04.06.17 |
| 800 | 2.06.3 | | VANSTEENBROEK Betty/LOOI | THIONVILLE/Fra | 20.08.78 |
| 1,000 | 2.48.71 | | BOONEN Tinneke/DUFF | GOES/Ned | 14.09.96 |
| 1,500 | 4.24.27 | | BOONEN Tinneke/DUFF | JAMBES | 02.06.96 |
| Mile | 4.54.41 | | TINCK Justine/AVLO | Kessel-Lo | 09.08.14 |
| 2,000 | 6.14.87 | | TINCK Justine/AVLO | Tessengerlo | 10.09.14 |
| 80 H | 11.24 | -0.1 | MISSINE Sarah/KAAG | LEBBEKE | 27.06.10 |
| 300 H | 42.31 | | LAUREYS Zoë/DUFF | SAINT-NICOLAS | 08.08.20 |
| 1500 St | 4.57.20 | | MAHIEU Margot/DAMP | TESSENDERLO | 05.09.04 |
| Hauteur | 1.84 | | MAES Merel/ACW | BRUXELLES | 16.08.20 |
| Perche | 4.00 | | LEPERE Lola/BBS | BRUXELLES | 16.08.20 |
| Longueur | 5.91 | | WALLEZ Rosine/ASVO | HEYSEL | 24.09.72 |
| | 5.96 | +1.3 | OUEDRAOGO Elodie/RCT * | OORDEGEM | 10.08.96 |
| Triple saut | 12.10 | -0.8 | LHOTE Elisa/MOHA | HERVE | 13.05.23 |
| Poids | 15.10 | 3kg | DIERICKX Inge/SACN | JEMELLE | 20.10.90 |
| Disque | 44.37 | 1kg | VANGEEL Inge/ACBR | EEKLO | 05.08.00 |
| Javelot | 47.78 | 500g | WILLEMSSEN Elfje/ARAC | GENTBRUGGE | 07.10.00 |
| Marteau | 59.43 | 3kg | BEERNAERT Manon/HAC | HAMME | 10.07.22 |
| Heptathlon | 3819 pts | | DIERICKX Inge/SACN | GENT | 16.09.90 |
| | | | 12.04 (80h) 1.66 (ht) 13.69 (pds) 5.59 (lg) 41.08 (jav) | | |
| Hexathlon | 4287pts | | MEES Sarah/LYRA | HERVE | 21+22.08.99 |
| | | | 12"45 (80h) 1m63 (ht) 11m04 (pds) 5m36(lg) 34m49 (jav) 2'15"21 (800) | | |
| 3000 Ma | 14.19.9 | | DESMET Sabine/WAC | VALENCIENNES | 19.10.86 |
| 4x100 | 47.07 | | Belgique | OORGEDEM | 04.07.09 |
| | | | C. Brunyninckx, J. Grillet, J. De Roissart, S. Missine | | |
| 4x800 | 9.09.44 | | AV TOEKOMST/AVT | JAMBES | 17.09.00 |
| | | | (K. Van den Eynde, H. Kippers, K. Strackx, K. Braem) | | |