



## RECORDS LBFA TOUTES CATEGORIES INDOOR

### HOMMES:

60	6.56	DESRUELLES Ronald	ESC	1985
50*	6.06	MAMBO Djeke	CABW	1998
<b>200</b>	<b>20.90</b>	<b>WATRIN Julien</b>	<b>DAMP</b>	<b>2023</b>
300	32.72	BORLEE Kevin	WS	2013
<b>400</b>	<b>45.44</b>	<b>WATRIN Julien</b>	<b>DAMP</b>	<b>2023</b>
600	1.15.64	BORLEE Kevin	WS	2011
800	1.46.11	CRESTAN Eliott	SMAC	2022
1000	2.19.02	DEBJANI Ismaël	CABW	2020
1500	3.36.38	DEBJANI Ismaël	CABW	2022
Mile	3.57.14	CALLAHAN Peter	RESC	2018
3000	7.38.94	MOURHIT Mohammed	CSF	2001
5000	-			
60 Haies	7.55	NSENGA Jonathan	OCAN	1998
50 Haies*	6.67	NSENGA Jonathan	OCAN	2000
<b>Hauteur</b>	<b>2.29</b>	<b>CARMOY Thomas</b>	<b>CRAC</b>	<b>2023</b>
Longueur	7.79	CAMPENER Corentin	RESC	2020
Triple saut	16.90	VELTER Michaël	DAMP	2005
Perche	5.70	DUVAL Thibaut	CABW	2002
Poids	17.17	LEGROS Noël	RFCL	1981
Heptathlon	5857 pts	GOURMET François	RFCL	2005
5000 Ma	20.13.88	LEROY Benjamin	ESC	1993
4x200	1.25.56	Racing Club de Bruxelles (Dylan Borlée, Kévin Borlée, Jonathan Borlée, Raymond Bang Cuse*)	RCB	2016
4x400	3.02.87	Belgique (Julien Watrin, Dylan Borlée, Jonathan Borlée, Kévin Borlée)	LRBA	2015

## DAMES :

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<b>60</b>	<b>7.19</b>	<b>NKANSA Delphine</b>	<b>RESC</b>	<b>2023</b>
200	23.42	FERAUGE Lucie	CABW	2020
300	36.69	BOLINGO MBONGO Cynthia	CABW	2019
400	51.62	BOLINGO MBONGO Cynthia	CABW	2019
800	2.02.50	VANDERELST Elise	MOHA	2021
1000	2.46.21	VANDERELST Elise	MOHA	2017
1500	4.05.71	VANDERELST Elise	MOHA	2021
Mile	4.33.29	BAOUF Fatiha	CABW	2002
3000	9.01.41	BAOUF Fatiha	CABW	2004
5000	-			
60 Haies	7.98	ZAGRE Anne	RESC	2017
Hauteur	1.96	THIAM Nafissatou	RFCL	2017
Longueur	6.79	THIAM Nafissatou	RFCL	2020
<b>Triple saut</b>	<b>13.28</b>	<b>OMBENI Rachel</b>	<b>CABW</b>	<b>2023</b>
Perche	4.53	SMETS Fanny	CABW	2021
Poids	15.55	DE LEEUW Brigitte	RSCA	1992
<b>Pentathlon</b>	<b>5055pts</b>	<b>THIAM Nafissatou</b>	<b>RFCL</b>	<b>2023</b>
		<b>(60H : 8.23, Ht : 1m92, Pds : 15m54, Lg : 6m59, 800m : 2.13.60)</b>		
3000 Ma	14.16.0	CEULEMANS Christa	RFCL	1993
4x200	1.38.55	CERCLE ATHLETIQUE BRABANT WALLON	CABW	2017
		(Charlotte Jeanne, Coline Famenne, Lucie Ferauge, Cynthia Bolingo Mbongo)		